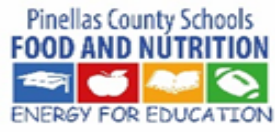


August 2024

Breakfast K - 12 Menu



Fun Fact!

Breakfast

- the most popular breakfast food is eggs
- in the early days Americans would eat porridge, cornbread, muffins and biscuits for breakfast
- the first ever cold cereal was invented in 1863 and was called Granula

Breakfast Choices

Hot or Cold Entrée Choices Available Daily

i.e.: Pancakes, Breakfast Sandwich, Cereal & Toast, or Cereal Bar & Toast.

Must Choose 1:

Fruit or Juice

(may choose up to 2 servings of fruits)

May Choose: 1 Milk:

Low Fat White, Fat Free Chocolate, Fat Free Strawberry or Fat Free Skim

Monday	Tuesday	Wednesday	Thursday	Friday
<p>PAY FOR SCHOOL MEALS ONLINE</p>	<p>More than a Meal The free/reduced priced meal program affects many areas—check it out!</p>		<p>Free & Reduced Meal Benefits Convenient, Secure, & Confidential</p>	<p>Welcome BACK to SCHOOL</p>
<p>12 Sausage Biscuit Cold Cereal Variety Breakfast Bar Assortment Buttered Toast or Cinnamon Toast Graham Crackers</p>	<p>13 Apple Cinnamon French Toast Cold Cereal Variety Breakfast Bar Assortment Buttered Toast or Cinnamon Toast Graham Crackers</p>	<p>14 Chicken Waffle Sandwich Cold Cereal Variety Breakfast Bar Assortment Buttered Toast or Cinnamon Toast Graham Crackers</p>	<p>15 Eggo Chocolate Chip Mini Bites French Toast Cold Cereal Variety Breakfast Bar Assortment Buttered Toast or Cinnamon Toast Graham Crackers</p>	<p>16 Cheese Omelet Wrap Cheese Omelet Bacon Wrap Cold Cereal Variety Breakfast Bar Assortment Buttered Toast or Cinnamon Toast Graham Crackers</p>
<p>19 Country Sausage Gravy Breakfast Pizza Cold Cereal Variety Breakfast Bar Assortment Buttered Toast or Cinnamon Toast Graham Crackers</p>	<p>20 Egg & Cheese Breaded Hash Brown Cold Cereal Variety Breakfast Bar Assortment Buttered Toast or Cinnamon Toast Graham Crackers</p>	<p>21 Eggo Cinnamon Waffle Mini Bites Cold Cereal Variety Breakfast Bar Assortment Buttered Toast or Cinnamon Toast Graham Crackers</p>	<p>22 Egg & Cheese Croissant Cold Cereal Variety Breakfast Bar Assortment Buttered Toast or Cinnamon Toast Graham Crackers</p>	<p>23 Maple Sausage Pancake Wrap on a Stick Cold Cereal Variety Breakfast Bar Assortment Buttered Toast or Cinnamon Toast Graham Crackers</p>
<p>26 Chicken Biscuit Cold Cereal Variety Breakfast Bar Assortment Buttered Toast or Cinnamon Toast Graham Crackers</p>	<p>27 Fresh Baked Cinnamon Swirl Roll Cold Cereal Variety Breakfast Bar Assortment Buttered Toast or Cinnamon Toast Graham Crackers</p>	<p>28 Egg, Ham & Cheese Croissant Cold Cereal Variety Breakfast Bar Assortment Buttered Toast or Cinnamon Toast Graham Crackers</p>	<p>29 Sausage Waffle Sandwich Cold Cereal Variety Breakfast Bar Assortment Buttered Toast or Cinnamon Toast Graham Crackers</p>	<p>30 Blueberry Pancake Mini Bites Cold Cereal Variety Breakfast Bar Assortment Buttered Toast or Cinnamon Toast Graham Crackers</p>

Menus are subject to change!
We do our best to provide our customers with all of our planned options, however occasionally weather, crops, and supplies have other ideas!

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